



Ford 6 Cylinder - Part #07-006

144, 170, 200, 250

Hydraulic Flat Tappet

Grind # H-256-8-B	Advertised Numbers	Numbers @ .050
Intake Duration	256	206
Exhaust Duration	256	206
Lobe Center	108	108
Centerline Timing Events	106 INT	110 EXH
Intake Valve Opens/Closes	-3 @ .050	29 @ .050
Exhaust Valve Opens/Closes	33 @ .050	-7 @ .050
Valve Lift Based on (1.6) Rocker Ratio	.456 INT	.456 EXH
Valve Lash (Hot)	½ to 1 Full Turn	½ to 1 Full Turn
Set Springs up at (85-120) lbs. Seat Pressure		

CSC recommends degreasing your Camshaft in on the #1 Intake using the Lobe Centerline Method. If you need help degreasing in your camshaft, please feel free to contact us.

www.ClaySmithCams.com

Tech Line: 714-523-0530